

# Message from Antlers

We adopted our oldest daughter when she was 16. She moved here from a small town in New Mexico and starting East High was a culture shock.

She had spent most of her time alone before this and had usually baked her own birthday cake.

On her 17<sup>th</sup> birthday, her new friend Todd notified 17 friends to each bring her a birthday cake to school. On her 17<sup>th</sup> birthday she had 17 cakes.

I will never forget her joy and excitement showing me each of her cakes.

The love in Todd's warm hearted impulse brought healing for a lonely childhood. It was a great moment of

life.

Love is the strongest medicine in the universe for emotional pain. It's plentiful and the more you give away, the more you have to give.

If everyone would respond instantly to the warm hearted urges of their hearts, an amazing thing would happen.

The world would work.

Paige Namuth